

DAY 4: A QUIET SOUL

READ:

PSALM 131:2 (ESV)

BUT I HAVE CALMED AND QUIETED MY SOUL, LIKE
A WEANED CHILD WITH ITS MOTHER; LIKE A
WEANED CHILD IS MY SOUL WITHIN ME.

REFLECT:

OFTEN IN THE MIDDLE OF MY MOM BEING LOST
WHILE DRIVING, SHE'D TURN DOWN THE RADIO AND
SAY, "I CAN'T HEAR MYSELF THINK." I USED TO
THINK IT WAS THE STRANGEST PHRASE, NOW I CAN
EASILY RELATE. WHEN YOU'RE NOT SURE OF
DIRECTION, THE NOISE OF ANYTHING CAN BE
DISTRACTING.

THIS SCRIPTURE ENCOURAGES US TO HAVE A
QUIET SOUL LIKE A CHILD WITH HIS MOTHER. TAKE
A MOMENT TO REMEMBER THAT LAST BABY YOU
SAW. MAYBE IT'S YOUR OWN. YOU'VE NEVER SEEN
THAT BABY ANXIOUSLY WANTING TO JUMP UP AND
MOVE TO THE NEXT THING. NO, THAT BABY IS
QUIETLY RECEIVING WHAT THE MOTHER HAS FOR
THEM. LET'S TAKE A MOMENT AND RECEIVE WHAT
GOD HAS FOR US TODAY.

PRAY:

DEAR LORD, I ADMIT THAT I'M NOT ALWAYS AS
STILL AS I SHOULD BE. TODAY, I WANT TO RECEIVE
WHAT YOU HAVE FOR ME. BREAD OF HEAVEN, FEED
MY SOUL AS IT IS STILL BEFORE YOU. IN JESUS
NAME, AMEN.